

## FOOD

Helena Food Share  
1616 Lewis Street  
443-3663

Office of Public Assistance  
(SNAP, TANF, Medicaid) –  
888-706-1535

Rocky -Senior Nutrition  
(Dinner Club / Meals on  
Wheels)—447-1680

The Salvation Army Pantry  
1330 Hudson St.442-8244

WIC, Supplemental Nutrition  
Program 1930 9th Ave. 457-  
8912

Neighborhood Pantry  
[https://neighborhood  
pantryproject.com/](https://neighborhoodpantryproject.com/)

Helena Indian Alliance  
Pantry 501 Euclid Avenue  
406-449-5796

Good Samaritan 3067 N  
Montana Ave. 442-0780

## TRANSPORTATION

Capital Transit  
447-8080

## HOUSING AND SHELTER

God's Love 533 N. Main St.  
442-7000

Placer Pantry 3067 N.  
Montana Ave. 442-0780

Margaret Stuart Youth Home  
(under 18) 449-3038

The Friendship Center  
(domestic & sexual violence)  
442-6800 (crisis line)

Family Promise 465-9467

Good Samaritan Ministries  
3067 N. Montana Ave.  
442-0780

Red Cross (disasters only)  
1-800-733-2767

Helena Housing Authority  
442-7970

Rocky Affordable Housing  
447-1680 or 800-356-6544

Rocky LIHEAP 447-1680

Salvation Army 442-8244

HUD (Customer Service)  
449-5050

Florence Crittenton Family  
Services 442-6950

YWCA 501 N. Park 442-8774

## TOILETRIES, HYGIENE AND DIAPERS

God's Love 533 N. Main St.  
442-7000

YWCA 501 N. Park 442-8774

Catholic Social Services 530  
N. Ewing (Baby Boutique)  
442-4130

Placer Pantry (at Good  
Samaritan Thrift Store) 3067  
N. Montana Ave. 442-0780

## AGING & SENIOR SERVICES

Adult Protective Services  
844-277-9300

AARP 1-866-295-7278

Rocky Area IV Agency on  
Aging – 800-551-3191

## THRIFT STORES

Good Samaritan Ministries  
3067 N. Montana Ave.  
442-0780

Big Sky Resale 442-5940

Fort Harrison Thrift Shop Mt.  
Defense Ave.  
324-3375

Goodwill 3575 Ptarmigan  
Lane 457-1325

## CRISIS & EMERGENCY

National Suicide Hotline 988

Nation Crisis Text Line Text  
MT to 741-741

St. Peter's Health Emergency  
Dept. - Mobile Crisis  
Response Team (Call 911  
and request (MCRT)

Mental Health and Addiction  
457-4180

The Friendship Center  
(domestic & sexual violence)  
442-6800 (crisis line)

## TAX ASSISTANCE

Taxpayer Advocate Service  
(IRS) 444-8668

Virtual Service Delivery  
1-844-545-5640

[www.myfreetaxes.com](http://www.myfreetaxes.com)

## LEGAL SERVICES

First Judicial District  
Treatment Court 457-8810

Montana Legal Services  
Association  
([MontanaLawHelp.org](http://MontanaLawHelp.org))

## DISABILITY SERVICES

Ability Montana 442-5755

Aspen Adult Services Inc.  
422-0859

Family Outreach 443-3083

WestMont 447-3100

Spring Meadow Resources  
443-2376

## MENTAL HEALTH SERVICES

(CASE MANAGEMENT,  
PEER SUPPORT)

AWARE, Inc. 449-3120

Florence Crittenton Family  
Services 442-6950

Many Rivers Whole Health  
443-7151

Helena Indian Alliance  
449-5796

Our Place 389-0223

NAMI Helena 443-7871

PureView Health Center  
457-0000

VA Medical Center at Fort  
Harrison 442-6410 or 800-  
827-1000

Intermountain 442-7920

YWCA 501 N. Park 442-8774

## CHILDREN AND FAMILIES

Child Care Connections (Best  
Beginnings Scholarships)  
587-7786

East Helena Public School  
Homeless Liaison 227-7700

Helena Public Schools  
Homeless Liaison 324-2000

Florence Crittenton Family  
Services 442-6950  
[www.florencecrittenton.org](http://www.florencecrittenton.org)

Rocky Head Start 457-7308

AWARE Early Head Start  
449-3120

Youth Dynamics Inc. 24 Hour  
Crisis Line 877-458-7022

Youth Homes 442-0674

Intermountain 442-7920  
[www.intermountain.org](http://www.intermountain.org)

Shodair Children's Hospital  
444-7500 [www.shodair.org](http://www.shodair.org)

Child Abuse and Neglect  
Hotline 866-820-8437

Catholic Social Services 442-  
4130

YWCA Caterpillars Parenting  
Center 501 N. Park 442-8774

YWCA Caterpillars Childcare  
Clubhouse 600 N. Park 442-  
8774

Maternal Mental Health Hotline  
call or text 1-833-852-6262

## MILITARY & VETERAN SERVICES

Disabled American Veterans  
(DAV) 495-2089

Montana Joining Community  
Forces

Volunteers of America Northern  
Rockies 996-1212

Helena Vet Center 1301 Elm  
St. Suite C 457-8060

VA Housing Assistance  
447-6144 or 877-424-3838

## EMPLOYMENT & EDUCATION

Career Training Institute  
443-0800

Helena Job Service 447-3200

## SUBSTANCE USE SERVICES

Alcoholics Anonymous  
888-607-2000

Boyd Andrew Community  
Services 443-2343

Florence Crittenton Family  
Services 442-6950

Helena Indian Alliance  
449-5796

Narcotics Anonymous  
495-9787

PureView Health Center  
457-0000

Helena Valley Addiction  
Services 422-4933

Instar Community Services  
422-4828

Intermountain 442-7920

Hope Center Ministries  
1-866-396-4673

YWCA 501 N. Park 442-8774

St. Peter's Health 457-4180

Coleman Community  
Services 594-6972

## HEALTH AND MEDICAL

Helena Indian Alliance  
449-5796

Planned Parenthood  
443-7676

PureView Health Center  
457-0000 (medical) or  
457-8928 (dental)

St. Peter's Health 442-2480

VA Medical Center at Fort  
Harrison 442-6410 or  
800-827-1000

List Compiled by the  
Helena Resource  
Advocates  
and the  
United Way of the  
Lewis and Clark Area  
406-442-4360

For all resources call 211  
If this a crisis call 988  
For emergencies call 911

