

Burn Prevention for Children



Safety Tips

- Hot things can hurt you. Stay away from all hot things.
- Remind grown-ups to keep hot foods and liquids away from tables and counter edges so they cannot be pulled or knocked over.
- Grown-ups should always be careful when using things that get hot such as curling irons, oven, irons, lamps, heaters.
- Remind grown-ups to test the water before placing children or themselves in the tub.
- Remind grown-ups to stay in the kitchen when cooking. Keep things that can burn (potholders, towels, and paper) away from the stove.
- Stay three feet away from the stove when a grown-up is cooking.
- Help grown-ups check electrical cords to make sure they are not damaged.
- Remind grown-ups to keep space heaters 3 feet from anything that can burn.
- Grown-ups should always turn off space heaters every time they leave the room and before going to bed.
- Remind grown-ups never to use an oven to heat your home.
- Matches and lighters are tools, not toys. Tell a grown-up to put them away and out of reach if they are found.
- Remind grown-ups to put out lit candles when they leave a room.

If you get burned

- Treat right away. Put it in cool water for 3-5 minutes. Cover with a clean, dry cloth.
- Remind grown-ups that if the burn is bigger than your fist, or if you have any questions, to get medical help right away.